



Resources for Member Discussions and Learning Research Articles, Summaries, and Other Materials

Research advisory boards may decide to meet on a regular basis, in between meetings with researchers. Older adult members may prefer the benefits of regular social and intellectual stimulation and facilitators may find it helpful to provide ongoing opportunities for learning about research. However, it can be challenging and time consuming to find relevant research articles for member discussions. The list of articles and other materials provided below can be used for this purpose. We also provide tips for how to find and use research articles or summaries.

Sample Articles and Materials for Advisory Board Member Discussions:

This list only includes articles that are publically available for free. We have provided a direct link to the pdf version. After opening a pdf file, click on the downwards facing arrow at the top of the window to download the article to a computer. If the link does not work, see the end of this document for instructions for how to find or download an article.

Topic/Title	Type of resource	Link
<i>Nursing Home & In-Home Care</i>		
Nothing to complain about? Residents' and relatives' views on a "good life" and ethical challenges in nursing homes	Research article	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4786778/pdf/10.1177_0969733014557719.pdf
Relocation Decisions and Constructing the Meaning of Home: A Phenomenological Study of the Transition into a Nursing Home	Research article	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4099410/pdf/nihms-583097.pdf
They Know Me Here: Patients' Perspectives on Their Nursing Home Experiences	Research article	http://ojin.nursingworld.org/MainMenuCategories/ANAMarketplace/ANAPeriodicals/OJIN/TableofContents/Vol-21-2016/No1-Jan-2016/They-Know-Me-Here-Perspectives-on-Nursing-Home-Experiences.html

The Factors Influencing the Sense of Home in Nursing Homes: A Systematic Review from the Perspective of Residents	Research review	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4893593/pdf/JAR2016-6143645.pdf
The Invisible Homebound: Setting Quality-Of-Care Standards For Home-Based Primary And Palliative Care	Policy article	https://www.healthaffairs.org/doi/pdf/10.1377/hlthaff.2014.1008
A Person-Centered Care Intervention for Geriatric Certified Nursing Assistants	Research article	https://academic.oup.com/gerontologist/article/53/4/687/557171

Medical Care		
Helping Nursing Home Residents and Their Families Decide Whether to Go to a Hospital for a Medical Problem Go to the Hospital or Stay Here Decision Guide Booklet	Research summary (for public) & intervention product	https://www.pcori.org/research-results/2012/pilot-project-helping-nursing-home-residents-and-their-families-decide-whether http://www.decisionguide.org/english/pdf/Decision%20Guide%20Booklet_ENGLISH.pdf
Emergency Medicine Palliative Care Access (EMPallA): protocol for a multicentre randomised controlled trial comparing the effectiveness of specialty outpatient versus nurse-led telephonic palliative care of older adults with advanced illness	Research article	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6347856/pdf/bmjopen-2018-025692.pdf
Care Transitions from Patient and Caregiver Perspectives	Research article	http://www.annfammed.org/content/16/3/225.full.pdf

Testing a Decision Aid for Patients with Low-Risk Chest Pain in the Emergency Room – The Chest Pain Choice Trial	Research article	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2881067/pdf/1745-6215-11-57.pdf
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<i>Interventions for Health Conditions & Symptoms</i>		
Identifying Personal Strengths to Help Patients Manage Chronic Illness	Research summary (for public)	https://www.pcori.org/sites/default/files/PCORI-Stange081-English-Abstract.pdf
Comparing Two Types of Group Exercise Classes to Help Older Adults Improve Walking Ability	Research summary (for public)	https://www.pcori.org/sites/default/files/PCORI-Brach043-English-Abstract.pdf
Comparative Effectiveness of CBT Interventions for Co-Morbid Chronic Pain & Insomnia: A Pilot Study	Research article	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3466363/pdf/nihms400647.pdf
Developing Measures of Pain Appraisal and Pain-Related Self-Efficacy for People Living with Chronic Pain	Research summary (for public)	https://www.pcori.org/sites/default/files/PCORI-Amtmann104-English-Abstract.pdf
Comparing the Effects of Two Types of Epidural Shots on Pain and Physical Ability in Older Adults with Lumbar Spinal Stenosis	Research summary (for public)	https://www.pcori.org/sites/default/files/PCORI-Friedly108-English-Abstract.pdf
Comparing Ways to Reduce Bone Fractures and Injuries among Older Adults Who Have Fallen -- The WISE Study	Research summary (for public)	https://www.pcori.org/research-results/2015/comparing-ways-reduce-bone-fractures-and-injuries-among-older-adults-who-have
Pragmatic Trial Comparing Telehealth Care and Optimized Clinic-Based Care for Uncontrolled High Blood Pressure	Research summary (for public)	https://www.pcori.org/research-results/2016/comparing-clinic-home-based-care-uncontrolled-high-blood-pressure

<i>Interventions for Mental Health</i>		
Comparing Two Ways to Treat Serious Worry among Older Adults from Underserved, Racial or Ethnic Minority Communities	Research summary (for public)	https://www.pcori.org/sites/default/files/PCORI-Stanley087-English-Abstract.pdf
Does Cognitive Behavioral Therapy Promote Meaning-Making? A Preliminary Test in the Context of Geriatric Depression	Research article	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4233192/pdf/nihms-583048.pdf

<i>Interventions for Memory Disorders</i>		
A multidimensional home-based care coordination intervention for elders with memory disorders: the maximizing independence at home (MIND) pilot randomized trial.	Research article	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4034346/pdf/nihms-565040.pdf

<i>Death, Dying & Grief</i>		
Conversations about Death and Dying with Older People: An Ethnographic Study in Nursing Homes	Research article	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6023469/pdf/healthcare-06-00063.pdf
“Death Is Part of the Job” in Long-Term Care Homes: Supporting Direct Care Staff with Their Grief and Bereavement	Research article	https://journals.sagepub.com/doi/pdf/10.1177/2158244015573912

Finding Research Articles Online:

Patient Centered Outcomes Research Institute's Project Database:

<https://www.pcori.org/research-results/explore-our-portfolio/completed-projects-results>

This database includes PCORI funded projects that are related to stakeholder engagement, patient centered research, comparative effectiveness research and more.

1. Enter key word(s) for a topic and also use the filters to get a list of research and engagement projects.
2. Click on the project title to link to a project description.
3. Scroll down to the bottom of the projects descriptions; some will include links articles or other project results.
4. Look for a link to a "public summary" "lay abstract" or "research summary." These are written for people who are not researchers and should be much easier to understand.

Google Scholar

<https://scholar.google.com/>

This search tool can be used to find research, policy and other articles. Some are peer reviewed publications and Google Scholar sometimes includes articles from PubMed (see below)

1. Enter key words in the search field to find articles OR search for an article by its title.
2. If needed use the filters on the left to reduce the number of articles or find more recent articles.
3. First, look to the right of articles to see if there is a "pdf" (try clicking on it but now all of them are available to the public).
4. If there is no pdf icon, then click on the article title to find more details (authors, abstract, possible link to pdf).

National Institutes of Health PubMed:

<https://www.ncbi.nlm.nih.gov/pubmed/>

This database is primarily used by researchers but is available to the public. This is a very large database, which may require searching by combinations of key words or phrases.

1. Use the quick start guide to learn about effective search skills at https://www.ncbi.nlm.nih.gov/books/NBK3827/#pubmedhelp.PubMed_Quick_Start.
2. The search field is at the top of the page-enter a key word or combination of words (see quick start guide).
3. A search produces lists of articles, which can be very long
4. If there are too many irrelevant articles, find ways to narrow the search (see quick start guide).
5. Click on a title to see more details about an article and the abstract (a summary intended for researchers).
6. Only some articles are free; look for an icon that indicates how to download free articles.

7. If an article and it doesn't look like a pdf, look at the top to see if there is a pdf button.
8. After opening the pdf file, click on the arrow at the top of the window to download the article to a computer.

Downloading Research Articles:

1. Once arriving at an article abstract page or a public summary of research, look for a link to "full text" or "pdf"
2. This could either link to a page that is the source of the article or the pdf of the article.
3. If it is the source page, then look for a link to "free text," "view article" or "view pdf."
4. Click on it and follow any download instructions (each site can be different)

Tips for Discussing Research:

- If an article is long or the summary/abstract is complex, create your own summary or handout.
- Choose part of a research article for discussion (such as a particular way to recruit participants, an intervention design, or a particular tool or method, etc.).
- To discuss the state of knowledge on a topic, look for a "review" article that summarizes results across many studies. Focusing on just the conclusion section of this type of article could be a good way to start discussion.