

Living Life Through Loss

BEREAVEMENT SUPPORT GROUP

"Death ends a life, not a relationship."

This group is for older adults who have lost a significant person in their life.

- Learn how to cope with grief.
- Share experiences with others in a safe, confidential environment.

A \$5 donation is requested for each session.

CHICAGO

3003 West Touhy Avenue
Every Wednesday, 1–2 pm

Prior to attending, please contact
Lisa Andrews, LCSW, at 773.508.4742

DEERFIELD

1551 Lake Cook Road
Every Wednesday, 3–4 pm

Prior to attending, please contact
David Rosenblatt, LCSW at 773.508.1129



CJE Counseling Services offers a full range of older adult behavioral health services. This includes individual supportive counseling, psychotherapy and support groups, as well as family and caregiver support available in CJE offices or as home visits.



THE CJE ADVANTAGE: Our broad continuum of care offers people of all ages, faiths and incomes access to life-enriching opportunities, resources and healthcare. Our Jewish values make us the provider of choice for enhancing lives and navigating the positive aging process.

CJE COUNSELING SERVICES | 3003 West Touhy Avenue | Chicago IL | www.cje.net | 773.508.1000

CJE SeniorLife strives to enhance the lives of older adults regardless of religion, sex, race, ethnicity, disability, sexual orientation, gender identity or national origin. CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.

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