

Living Life Through Loss

BEREAVEMENT SUPPORT GROUP

"Death ends a life, not a relationship."

This group is for older adults who have lost a significant person in their life.

- Learn how to cope with grief.
- Share experiences with others in a safe, confidential environment.

A \$5 donation is requested for each session.

CHICAGO

3003 West Touhy Avenue
Every Wednesday, 1–2 p.m.

Prior to attending, please contact
Lisa Andrews, L.C.S.W., at 773.508.4742
or lisa.andrews@cje.net.

DEERFIELD

1151 Lake Cook Road
Every Wednesday, 3–4 p.m.

Prior to attending, please contact
David Rosenblatt, L.C.S.W. at 773.508.1129
or david.rosenblatt@cje.net.



CJE Counseling Services offers a full range of older adult behavioral health services. This includes individual supportive counseling, psychotherapy and support groups, as well as family and caregiver support available in CJE offices or as home visits.



The CJE Advantage: Our many older adults, their families and caregivers can access CJE at different stages in their lives for a true continuum of care through life enrichment, supportive resources, healthcare, research and education.

CJE COUNSELING SERVICES | 3003 West Touhy Avenue | Chicago IL | www.cje.net | 773.508.1000

CJE SeniorLife strives to enhance the lives of older adults regardless of religion, sex, race, ethnicity, disability, sexual orientation, gender identity or national origin. CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.

937.8.2017