

# Does someone you love have Parkinson's?

A support group can help.

A FREE support group is available for individuals who are involved in the care of someone with Parkinson's. The group is led by a social worker.

- Learn about Parkinson's and caregiving.
- Meet others who face similar challenges.
- Discover ways to relieve caregiver stress and burn-out.

**Third Wednesday of every month**  
**Noon–1 p.m.**

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Open to the public.

For more information about this group, call Michelle Bernstein at 847.236.7852.

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**Weinberg Community for Senior Living, Gidwitz Place**  
**1551 Lake Cook Road, Deerfield**



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CJE SeniorLife™ is a partner with the Jewish United Fund in serving our community.



564.12.2016