

## Service & Care Continuum

For more than 45 years, CJE SeniorLife has been a non-profit, diversified and innovative provider and service organization. Each year, we are proud to serve 20,000 older adults, family members and caregivers through life enrichment, supportive resources, healthcare, research and education.

**THE CJE ADVANTAGE:** CJE's unique and seamless continuum of care provides older adults, caregivers and family members of all ages, faiths and income levels with life enrichment opportunities, supportive resources and healthcare—all delivered by experts in the field of aging. Our commitment to our Jewish values has made us the provider of choice for enhancing people's lives, promoting positive aging and navigating the aging process.



### LIFE ENRICHMENT

CJE's programs and services in our residences and the community aim to provide an enriched mind, body, spirit and cultural experience for older adults. Our philosophy: staying active and "engaged with life" is an important component of healthy aging.

#### Center for Healthy Living (CHL)

CHL helps older adults link to community resources, make informed choices and maintain their physical, mental and social well-being through lifelong learning, health screenings and cultural/social events to help them lead independent lives.

#### Religious Life

CJE SeniorLife offers a wide range of spiritual, religious and cultural programs in our residential settings. Pastoral Care is provided by our full-time certified chaplain. Shabbat and holiday services are conducted at many CJE locations.

#### Volunteering

Almost 2,000 volunteers provide vital services to clients by participating in activities, delivering meals and visiting at-risk seniors.

### SUPPORTIVE RESOURCES

Many programs and services provide support and direct services to family members, caregivers and older adults to promote aging in place at home and in the community.

#### Adult Day Services

ADS offers supervised, structured programs for persons with Alzheimer's or related disorders and older adults who are frail or socially isolated in a group setting. Programs are offered in downtown Chicago, Evanston and Deerfield.

#### CJE Care Management Program

A program that coordinates and links care across community-based health and social services organizations, provides advocacy and support. The goal of the Care Management program is to promote the safety and well-being of older adults in the community so that they can remain independent for as long as possible. Participants need to meet certain age, income and geographic location for eligibility.

#### Consumer Assistance (CA)

CA staff in Chicago and the northwest suburbs provide free information, resources and advocacy on consumer benefits, community services, public assistance, Medicare, Social Security, housing referrals and transportation. Russian speaking staff available.

#### Food Services

We deliver kosher Home-Delivered Meals to eligible older adults. CJE also offers weekly delivery of fresh-frozen meals via our Kosher to Go® program, as well as kosher catering. All is cRc approved, except catering from Weinberg Community, which is rabbinically-supervised kosher.

#### Holocaust Community Services

HCS provides support and services to Holocaust survivors and their family members.

#### Independent Living

CJE SeniorLife owns and operates subsidized and affordable apartment buildings for older adults who qualify for government-subsidized housing. Robineau Residence is a group-living residence for 24 older adults, with supportive services available as needed.

#### Transportation

Transportation on a CJE Shalom Bus offers limited service based on availability.

## Weinberg Community for Senior Living

A state-licensed campus in Deerfield that offers several levels of care while embracing Jewish culture.

### Assisted Living

Gidwitz Place features one- and two-bedroom apartments for older adults who require a supportive environment yet wish to live independently. Amenities include personal care services, housekeeping, elegant kosher restaurant-style dining, and a full schedule of activities. Registered nurse on site 24/7. Respite care is also available.

### Memory Care

The Friend Center for Memory Care is a home-like residence for people with Alzheimer's disease or related disorders. Residents enjoy spacious private rooms, assistance with bathing and grooming, stimulating activities and kosher meals. The Bernard Heerey Annex has five suites and an expanded area for Adult Day Services programming. Respite care is also available.

### Your Eldercare Consultants

YEC is a team of geriatric care management professionals who assess and consult with older adults and their families. Acting as liaisons to family caregivers, YEC coordinates service delivery with providers, guides decision-making and monitors care. Our *Just In Case* service lets you plan ahead for back-up care. For more information, see [www.YourEldercareConsultants.com](http://www.YourEldercareConsultants.com).

## HEALTHCARE

CJE provides programming and facility settings that address post-acute, chronic and psycho-social needs in coordination with the larger healthcare system.

### CJE Counseling Services

Counseling with CJE's licensed clinical social workers is available to older adults and their families, as well as support groups. The Linkages Program assists seniors who are primary caregivers of adult children with disabilities.

## Lieberman Center For Health And Rehabilitation

Near Old Orchard in Skokie with 240 private rooms, Lieberman Center provides residential Short-Term Rehabilitation, Long-Term Care, Dementia Care and Respite Care. Services available to all residents include peritoneal dialysis, infusion, pain management and wound care, plus Creative Arts Therapy, recreational and spiritual programs. cRc approved kosher dining.

### Short-Term Rehabilitation

Provides physical, occupational and speech therapy after hospitalization primarily to Medicare-certified patients. Rehab and Fitness Center has latest equipment, plus apartment for ADL training. Specialty Programs: Cardiac and Pulmonary Care, Orthopedic and Stroke Recovery, Infectious Diseases, Nephrology and Medically- and Surgically-Complex Care. Free Transitional Care program to ease transition back to home. Hemodialysis available.

### Long-Term Skilled Nursing

We provide care for those with complex needs, chronic conditions and specialty care for Parkinson's and Dementia. Palliative and Hospice Care also available.

## RESEARCH AND EDUCATION

CJE enables the study and assessment of new methods and models of care and the training of professionals.

### Applied Research

The Leonard Schanfield Research Institute conducts social and applied aging research that provides the catalyst for new and innovative program development.

Our website explains these programs and services in even more depth, and is constantly updated with new brochures, videos and more!  
Go to [www.cje.net](http://www.cje.net).

### Contact Information

#### General Information:

773.508.1000 • [info@cje.net](mailto:info@cje.net) • [www.cje.net](http://www.cje.net)

#### Administrative Offices:

3003 West Touhy Avenue, Chicago, IL 60645

#### Adult Day Services

Deerfield: 847.374.0500

Downtown Chicago: 847.492.1400

Evanston: 847.492.1400

Center for Healthy Living: 773.508.1073

CJE Care Management Program: 773.508.1000

#### Consumer Assistance

Chicago Area: 773.508.1000

Northwest Suburbs: 847.802.0343

Counseling: 773.508.1000

Development: 773.508.1320

Group and Independent Living: 773.508.1000

Holocaust Community Services: 773.508.1004

Home-Delivered Meals: 773.508.1000

Kosher to Go: 773.508.1000

#### Lieberman Center for Health and Rehabilitation:

847.929.3320

Short-term Rehabilitation

Long-term Skilled Nursing Care

Dementia Special Care Unit

Transportation: 773.508.1000

Volunteers: 847.929.3040

#### Your Eldercare Consultants

(Geriatric Care Management):

773.508.1015

Weinberg Community: 847.374.0500

Gidwitz Place

The Friend Center For Memory Care

Adult Day Services



3003 West Touhy Avenue | Chicago IL | [www.cje.net](http://www.cje.net) | 773.508.1000



CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.



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