



CJE SeniorLife delivers a delicious selection of freshly frozen kosher entrées, breakfasts, and soups right to your door. Satisfying and nutritious, our chef-prepared meals are affordable and easy to serve.



CALL 773.508.1000 TO START YOUR SERVICE TODAY!

Entrées

- Oven Roasted Turkey Breast**
with Gravy, Sweet Potatoes, Green Beans
- Lake Superior Whitefish**
with Lemon, Steamed Red Potatoes, Sliced Carrots
- Fresh Trout Fillet**
with Lemon, Brown Rice, Green Beans
- Oven Fried Chicken**
with Mashed Potatoes, Green Peas
- Herbed Chicken Leg**
with Rice Pilaf, Zucchini Squash
- Salmon Patty**
with Lemon, Egg Noodles, Summer Squash

- Country Meatloaf**
with Gravy, Duchess Potatoes, Zucchini with Red Peppers
- Green Pepper Stuffed**
with Ground Beef, Mashed Potatoes, Sliced Carrots
- Macaroni & Cheese**
with Carrots & Peas
- Chicken Nuggets**
with Seasoned Potato Wedges, Green Beans
- Bowtie Pasta**
with Meat Sauce, Green Beans
- Beef Knish**
with Roasted Potatoes, Capri Vegetables
- Cheese Blintz**
with Fruit Compote, Hash Browns

Homemade Soups

- Matzo Ball** meat
- Chicken Noodle** meat
- Chicken Broth** meat
- Mushroom Barley** meat
- Tomato** dairy
- Vegetarian Minestrone**

Breakfast Entrées

- Pancakes**
with Fruit Compote & Scrambled Eggs
- Cheese Omelet**
with Sautéed Peppers, Mushrooms & Hash Browns
- Scrambled Eggs**
with Cheese Potatoes & Peaches
- French Toast**
with Baked Apple Wedges & Hash Browns

SPECIAL OFFER!
Mention this menu and get one **FREE** entrée with your first delivery.*
*Minimum 7 paid entrées required.

- All meals are CRC-approved.
- Kosher to Go® meals are delivered Monday through Friday. Meals are delivered frozen and are easily re-heated in a microwave or conventional oven (preferred method).
- 2000 calories per day is used for general nutrition advice, but calorie needs vary.
- Additional Nutrition Information available upon request.
- Minimum of seven entrées per order. A delivery charge of \$5 will be applied.



#CJEis50



THE CJE ADVANTAGE: Since 1972, CJE SeniorLife has been a central resource and champion for older adults and their families by providing community-based and residential care options. We provide solutions that enhance their quality of life while honoring their unique healthcare, lifestyle and socio-economic needs.

3003 West Touhy Avenue | Chicago IL | www.cje.net | 773.508.1000

CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.

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