

Make a Difference by Volunteering with

CJE SeniorLife's Home-Delivered Meals



Are you a safe driver who is willing to deliver meals to older adults in need? **If so, we need your help!** Delivery shifts are two hours long on weekdays and start between 9–10 am. Routes begin in Skokie and run either within northern Chicago or the northern suburbs.

Here's what some of our volunteers have to say:

"I find delivering meals to be extremely rewarding and a wonderful opportunity to give back to the community."



"As my assigned delivery route takes me to 7 or 8 homes of older adults who aren't able to get out and shop for themselves, my regular 'clients' are always delighted to see me coming. I'm even on first-name basis with some of them!"

"All it takes is being able-bodied, having a couple of free hours a week, a working vehicle, and a desire to be of service to help those in need."



"It goes without saying that the recipients of Home-Delivered Meals are appreciative, but it is also quite gratifying for us volunteers to know that we are performing a mitzvah for those in need."

In order to participate, drivers must:

- have a valid driver's license
- have auto insurance
- pass a background check
- be able to make an ongoing commitment
- follow COVID-19 safety protocols

To get started, contact us at volunteers@cje.net today!

cje SeniorLife
Jewish values for positive aging



#CJEis50
Your Center for Positive Aging Since 1972

THE CJE ADVANTAGE: Since 1972, CJE SeniorLife has been a central resource and champion for older adults and their families by providing community-based and residential care options. We provide solutions that enhance their quality of life while honoring their unique healthcare, lifestyle and socio-economic needs.

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CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.

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