



How To Sew A Fabric Wristlet Key Chain

SUPPLIES

- One piece of non-stretchy fabric measuring 19"x4". *
- One swivel snap hook with 1" opening. *
- Coordinating thread. Cotton, polyester, or all purpose.

DIRECTIONS

1. Cut the fabric to 19"x4".
2. Fold the fabric in half wrong sides together matching the long edges with each other. The fabric now measures 19"x2".
3. Press the fabric with an iron to establish the fold. Allow fabric to cool.
4. Open the fabric and fold each of the long edges matching them to the center fold. The fabric still measures 19"x2" with two folds along each long edge and a crease in the center.
5. Press the fabric to establish the two long folds. Allow the fabric to cool.
6. Refold the fabric along the first fold from step #3.
7. Press the fabric with an iron to reestablish the fold. The fabric now measures 19"x1". The long, raw edges are folded into the center. Allow fabric to cool.
8. Thread the fabric through the opening on the swivel snap hook. Bring the hook to the center of the fabric and fold the fabric in half.
9. Bring the short, raw edges of the fabric together. Ensure that the fabric is not twisted.
10. Unfold the fabric at the short edges. Match the unfolded, 4", raw edges, right sides together. Pin.
11. Sew a seam along the 4" edge using a ½" seam allowance.
12. Trim excess thread and refold fabric. The fabric now created a complete loop with the swivel hook enclosed within the loop.
13. Repress the folds. Allow fabric to cool. Pin all four layers of fabric together.
14. Sew along one long edge of the fabric using a ¼" seam allowance sewing completely around the fabric loop. The seam will end at the same place it

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began. Backstitch at the beginning and end. (Be sure to continuously move the swivel hook out of the way of the machine needle.)

15. Flatten the loop of fabric so that there is a fold at each end. Slide the swivel

hook into one of the folded ends.

16. Sew across the fabric 1" away from the swivel hook. Reinforce this seam by sewing forward and back twice.

17. Attach your key ring to the snap hook and enjoy!

* PROJECT NOTES

- Use the above measurements to create this project identically. However, you may change the dimensions of the width of the fabric by using this formula. Measure the opening of the hook and multiply that measurement by 4. For instance, if your hook's opening measures $\frac{1}{2}$ ", your fabric will measure 19"x2" ($\frac{1}{2}$ " x 4 = 2").
- If you don't have a piece of fabric that measures 19" long, you can sew multiple scraps of fabric together to have a final piece the measure 19".
- Instead of making a key chain, this technique can be used to create many things: a wrist strap for a small tote, the handles of a shopping bag, the strap of a cross-body bag, a loop to hang a bag on a hook.
- We'd love to see the project you make!
 - Email a photo of your project to community.engagement@cje.net
 - Post a photo on your favorite social media platform and include #CJECrafts and @CJESeniorLife

Join Adam Lazar at www.cje.net/cyberclub for a video presentation of this project.



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