

Your Medical Wishes

Prepare for the discussion with family members or loved ones by thinking about your wishes for medical care. Take time to think about these questions then commit to having this important conversation with your loved ones and medical decision makers. Don't wait.

- What is your goal for the conversation?

- Who should be present?

- What values guide my decisions? These may include religious and spiritual values.

- Will my loved ones be comfortable with my decisions? It's okay to disagree.

- What does quality of life mean to me?

- What kind of medical interventions am I comfortable with?

- What will bring me peace of mind at the end of my life?

- Who can I name to make decisions on my behalf? This person need not be a family member. Who do I trust to follow my wishes? These decisions may be very emotional for family members.

cje SeniorLife

Jewish values for positive aging



THE CJE ADVANTAGE: We offer a full continuum of care in which individuals of all ages, faiths and income levels can access life-enriching opportunities, resources and healthcare. Our Jewish values make us the provider of choice for enhancing lives and navigating the process of positive aging.

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