

The word "Connect" is written in a colorful, playful font. Each letter is held up by a hand, with the hands appearing to be of different skin tones. The letters are: C (blue), o (yellow), n (green), n (red), e (purple), c (orange), t (pink).

# Can We Talk?

**It's sometimes hard to keep up with old friends or make new ones as we age. Wouldn't it be nice to receive a call once in a while?**

With CJE's **Friendly Caller** program we match you up, according to your preferences, with someone who wants to call you to make a friendly connection.

We pair a volunteer friendly caller from the community with you and together you can decide how often you will talk.

Friendly callers are terrific because ...

- They listen.
- They can make you smile and laugh.
- You can learn and share something together.
- They can help connect you to other CJE resources.
- They can become lifelong friends.
- Research shows that friends are good for your health.

Let us help you connect with a new friend!

**For information and to apply for this program,  
call CJE SeniorLife at 773.508.1000.**

*This program is funded by the Jewish Federation of Metropolitan Chicago Fund for Innovation in Health Program.*

**cje SeniorLife**  
Jewish values for positive aging



**THE CJE ADVANTAGE:** Our many older adults, their families and caregivers can access CJE at different stages in their lives for a true continuum of care through life enrichment, supportive resources, healthcare, research and education.

3003 West Touhy Avenue | Chicago IL | [www.cje.net](http://www.cje.net) | 773.508.1000

CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.

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